

privacy & terms of use

Operated by **State of Being**

ABN: **74684348945**

Last updated **2 October 2026**

[Privacy policy](#)[Terms of use](#)[Messaging](#)[Contact us](#)

At a glance



Only what we need

We collect what helps us book you in, guide your session safely and stay in touch.



Health info handled with care

What you tell us about your health, injuries or pregnancy is used to keep you safe. Nothing else.



Never sold

We don't sell your personal or mobile information, or share it with third parties for their marketing.



You're in control

Ask to see or correct your information at any time. Text STOP to leave our SMS list.

PART ONE

Privacy policy

State ofBeing handles personal information in line with the *Privacy Act 1988* (Cth) and the Australian Privacy Principles. This policy explains what we collect, why, and how we protect it.

1

BOOK

Momence

Your name, contact details and payment are taken when you book or buy a membership or gift certificate.

2

ARRIVE

Your state today

We ask how you've arrived and use that information to guide your session and may note what may affect you, respond to, so we can guide you next time.

3

RECOVER

Your sequence

We ask you about any health, medication, pregnancy or injury so that we can guide heat or cold.

4

STAY IN TOUCH

Reminders & offers

Booking confirmations, updates and, if you opt in, news and offers by SMS or email.



What we collect

- Name, phone, email and any other details you give us when booking Booking, membership, attendance and payment history
- Health information you share with us before or during a session
- Notes on your recovery sessions and your 28-Day Recovery Habit Tracker Messages you send us, and feedback or reviews
- Basic website data such as pages visited, via cookies



Your health information

- Health information is sensitive information under Australian privacy law. We only collect it with your consent and only to decide which recovery modalities are safe and suitable for you.
- It is seen only by our team members who need it to guide your session. We won't use it for marketing and won't share it unless you ask us to or the law requires it, for example in an emergency.



Why we collect it

- To take bookings, manage memberships and process payments To guide a safe, personalised recovery sequence
- To send confirmations, reminders and service updates
- To share offers and news, only if you've opted in
- To improve our space, services and website
- To meet our legal and insurance obligations



Who we share it with

- Momence our booking and membership platform, SMS and email provider
- Wix our website host
- Stripe our payment processor
- Emergency services, if your safety requires it
- Some of these providers may store data outside of Australia, numbers and SMS opt-in consents are never shared with third parties for marketing.



How we protect it

- Reasonable safeguards against loss, misuse and unauthorised access
- Access limited to team members who need it
- Kept only as long as we need it, or as the law requires, then securely deleted or de-identified
- If a data breach is likely to cause you serious harm, we'll tell you and the Office of the Australian Information Commissioner



Your choices & rights

- Ask for a copy of the information we hold about you
- Ask us to correct anything that's wrong
- Opt out of marketing at any time Make a complaint to us. We aim to respond within 30 days
- If you're not satisfied, contact the OAIC at [oaic.gov.au](https://www.oaic.gov.au)

Terms of use

By using stateofbeing.co or booking with us, you agree to these terms. Bookings memberships, cancellations and fees are covered by our separate service Terms & Conditions, which also apply.



Using our website

You may view and download content from our website for personal, non-commercial use. Our words, photos, logo and the State Session name belong to State of Being. Please don't copy, reproduce or use them commercially without our written permission.



Bookings & memberships

Sessions are booked through Mومence. Cancellation fees, no-show fees, membership holds, upgrades and cancellations are set out in our service Terms & Conditions. Please read them before you book.



Your health & safety

Heat, cold and other recovery modalities are not right for everyone at every time. Before you begin, tell us about any health condition, medication, pregnancy or injury that may affect you.

Follow our team's guidance, and stop and tell us if something doesn't feel right. Our information supports general wellbeing and is not medical advice. If you're unsure, check with your doctor first.



Accuracy of information

We work to keep our website accurate and current, but content may occasionally include errors or be out of date. Timetables, prices and offers may change without notice.



Your consumer rights

Nothing in these terms limits your rights under the Australian Consumer Law. To the extent the law allows, State of Being is not liable for indirect loss arising from use of our website.



Links, changes & law

Links to other websites, including Mومence, are provided for convenience. We're not responsible for their content or privacy practices.

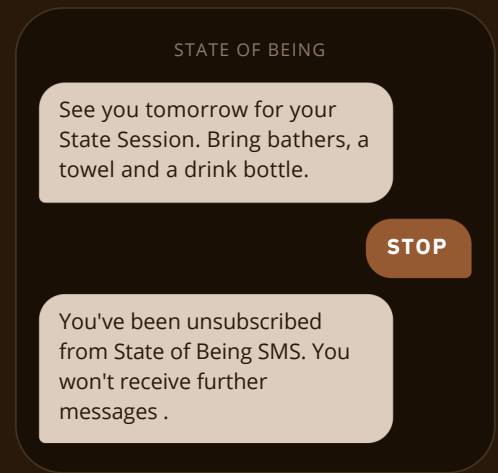
We may update these terms and this policy from time to time. The current version will always be on our website. These terms are governed by the laws of Victoria, Australia, and you agree to the jurisdiction of its courts.

MESSAGING

Hearing from us by SMS

If you give us your mobile number and opt in, through Momenca, our website, in person or by message, we may text you booking confirmations, reminders, service updates and offers such as trial visits.

Reply **STOP** at any time to unsubscribe. We'll confirm, then stop messaging you. To rejoin, opt in again. Reply **HELP** for assistance. Message frequency varies and your usual carrier rates apply.



QUESTIONS OR REQUESTS

Contact us

To access or correct your information, make a privacy complaint or ask about these terms, contact us using the details here.

VISIT 3/5 Anchor Drive, Wendouree VIC

CALL 0475 073 155

EMAIL Hello@stateofbeing.co

WEB stateofbeing.co